

A Prescription for Peace

Philippians 4:4-13

- **We want:**
 - Peace with God
 - Romans 5:1, 10
 - 2 Peter 3:14
 - Peace with Others
 - Matthew 5:9
 - Romans 12:18
 - Peace within Self
 - A tranquility or calmness of spirit that can be at rest without undue concern, anxiety, fretting, or worry.
 - Colossians 3:15

- “The Lord is at hand.”
- “Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.”

- Know the nearness of God.
- Be thankful.
- Pray.

“Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things. The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.”

- Know the nearness of God.
- Be thankful.
- Pray.
- Fill your mind with virtuous and praiseworthy things.
- Live out those thoughts in your life.

“But I rejoiced in the Lord greatly that now at last your care for me has flourished again; though you surely did care, but you lacked opportunity. Not that I speak in regard to need, for I have learned in whatever state I am, to be content: I know how to be abased, and I know how to abound. Everywhere and in all things I have learned both to be full and to be hungry, both to abound and to suffer need. I can do all things through Christ who strengthens me.”

- Know the nearness of God.
- Be thankful.
- Pray.
- Fill your mind with virtuous and praiseworthy things.
- Live out those thoughts in your life.
- Learn contentment.